SUBSTITUTE HOUSE BILL 1548

State of Washington 65th Legislature 2017 Regular Session

By House Health Care & Wellness (originally sponsored by Representatives Schmick and Cody)

READ FIRST TIME 02/17/17.

- 1 AN ACT Relating to curricula for persons in long-term care
- 2 facilities with behavioral health needs; amending RCW 74.42.360;
- 3 reenacting and amending RCW 74.42.010; and adding a new section to
- 4 chapter 74.39A RCW.
- 5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 6 <u>NEW SECTION.</u> **Sec. 1.** A new section is added to chapter 74.39A
- 7 RCW to read as follows:
- 8 The department shall adopt rules to establish minimum
- 9 competencies and standards for the approval of curricula for
- 10 facility-based caregivers serving persons with behavioral health
- 11 needs and geriatric behavioral health workers. The curricula must
- 12 include at least thirty hours of training specific to the diagnosis,
- 13 care, and crisis management of residents with a mental health
- 14 disorder, traumatic brain injury, or dementia. The curricula must be
- 15 outcome-based, and the effectiveness measured by demonstrated
- 16 competency in the core specialty areas through the use of a
- 17 competency test.
- 18 **Sec. 2.** RCW 74.42.010 and 2016 c 131 s 3 are each reenacted and
- 19 amended to read as follows:

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Unless the context clearly requires otherwise, the definitions in this section apply throughout this chapter.

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- (1) "Department" means the department of social and health services and the department's employees.
- 5 (2) "Direct care staff" means the staffing domain identified and 6 defined in the center for medicare and medicaid service's five-star 7 quality rating system and as reported through the center for medicare 8 and medicaid service's payroll-based journal.
- 9 (3) "Facility" refers to a nursing home as defined in RCW 10 18.51.010.
- 11 (4) "Geriatric behavioral health worker" means a person ((with a bachelor's or master's degree in social work)) who has received specialized training devoted to mental illness and treatment of older adults.
- 15 (5) "Licensed practical nurse" means a person licensed to 16 practice practical nursing under chapter 18.79 RCW.
- 17 (6) (("Licensed practical nurse" means a person licensed to practice practical nursing under chapter 18.79 RCW.
- 19 (7)) "Medicaid" means Title XIX of the Social Security Act 20 enacted by the social security amendments of 1965 (42 U.S.C. Sec. 21 1396; 79 Stat. 343), as amended.
- 22 $((\frac{8}{}))$ $(\frac{7}{})$ "Nurse practitioner" means a person licensed to 23 practice advanced registered nursing under chapter 18.79 RCW.
- (((9))) <u>(8)</u> "Nursing care" means that care provided by a registered nurse, an advanced registered nurse practitioner, a licensed practical nurse, or a nursing assistant in the regular performance of their duties.
- $((\frac{10}{10}))$ (9) "Physician" means a person practicing pursuant to chapter 18.57 or 18.71 RCW, including, but not limited to, a physician employed by the facility as provided in chapter 18.51 RCW.
- 31 $((\frac{11}{11}))$ $\underline{(10)}$ "Physician assistant" means a person practicing 32 pursuant to chapter 18.57A or 18.71A RCW.
 - $((\frac{12}{12}))$ <u>(11)</u> "Qualified therapist" means:
- 34 (a) An activities specialist who has specialized education, 35 training, or experience specified by the department.
- 36 (b) An audiologist who is eligible for a certificate of clinical 37 competence in audiology or who has the equivalent education and 38 clinical experience.
- 39 (c) A mental health professional as defined in chapter 71.05 RCW.

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- 1 (d) An intellectual disabilities professional who is a qualified 2 therapist or a therapist approved by the department and has 3 specialized training or one year experience in treating or working 4 with persons with intellectual or developmental disabilities.
 - (e) An occupational therapist who is a graduate of a program in occupational therapy or who has equivalent education or training.
 - (f) A physical therapist as defined in chapter 18.74 RCW.
 - (q) A social worker as defined in RCW 18.320.010(2).

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- 9 (h) A speech pathologist who is eligible for a certificate of 10 clinical competence in speech pathology or who has equivalent 11 education and clinical experience.
- 12 $((\frac{13}{13}))$ "Registered nurse" means a person licensed to practice registered nursing under chapter 18.79 RCW.
- 14 $((\frac{14}{14}))$ (13) "Resident" means an individual residing in a 15 nursing home, as defined in RCW 18.51.010.
- 16 **Sec. 3.** RCW 74.42.360 and 2016 c 131 s 2 are each amended to 17 read as follows:
- 18 (1) The facility shall have staff on duty twenty-four hours daily 19 sufficient in number and qualifications to carry out the provisions 20 of RCW 74.42.010 through 74.42.570 and the policies, 21 responsibilities, and programs of the facility.
 - (2) The department shall institute minimum staffing standards for nursing homes. Beginning July 1, 2016, facilities must provide a minimum of 3.4 hours per resident day of direct care. Direct care staff has the same meaning as defined in RCW 74.42.010. The minimum staffing standard includes the time when such staff are providing hands-on care related to activities of daily living and nursing-related tasks, as well as care planning. The legislature intends to increase the minimum staffing standard to 4.1 hours per resident day of direct care, but the effective date of a standard higher than 3.4 hours per resident day of direct care will be identified if and only if funding is provided explicitly for an increase of the minimum staffing standard for direct care.
- 34 (a) The department shall establish in rule a system of compliance 35 of minimum direct care staffing standards by January 1, 2016. 36 Oversight must be done at least quarterly using the center for 37 medicare and medicaid service's payroll-based journal and nursing 38 home facility census and payroll data.

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- 1 (b) The department shall establish in rule by January 1, 2016, a system of financial penalties for facilities out of compliance with 2 minimum staffing standards. No monetary penalty may be issued during 3 the implementation period of July 1, 2016, through September 30, 4 2016. If a facility is found noncompliant during the implementation 5 6 period, the department shall provide a written notice identifying the 7 staffing deficiency and require the facility to sufficiently detailed correction plan to meet the statutory minimum 8 staffing levels. Monetary penalties begin October 1, 2016. Monetary 9 penalties must be established based on a formula that calculates the 10 11 cost of wages and benefits for the missing staff hours. If a facility 12 meets the requirements in subsection (3) or (4) of this section, the penalty amount must be based solely on the wages and benefits of 13 14 certified nurse aides. The first monetary penalty for noncompliance must be at a lower amount than subsequent findings of noncompliance. 15 16 Monetary penalties established by the department may not exceed two 17 hundred percent of the wage and benefit costs that would have 18 otherwise been expended to achieve the required staffing minimum ((HPRD [hours per resident day])) hours per resident day for the 19 quarter. A facility found out of compliance must be assessed a 20 21 monetary penalty at the lowest penalty level if the facility has met or exceeded the requirements in subsection (2) of this section for 22 three or more consecutive years. Beginning July 1, 2016, pursuant to 23 24 rules established by the department, funds that are received from 25 financial penalties must be used for technical assistance, 26 specialized training, or an increase to the quality enhancement established in RCW 74.46.561. 27
 - (c) The department shall establish in rule an exception allowing geriatric behavioral health workers as defined in RCW 74.42.010 to be recognized in the minimum staffing requirements as part of the direct care service delivery to individuals suffering from mental illness. In order to qualify for the exception:
 - (i) The worker must:

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- (A) Have at least three years experience providing care for individuals with chronic mental health issues, dementia, or intellectual and developmental disabilities in a long-term care or behavioral health care setting; or
- 38 <u>(B) Have successfully completed a facility-based behavioral</u>
 39 <u>health curriculum approved by the department under section 1 of this</u>
 40 act;

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1 (ii) The worker must have advanced practice knowledge in aging, 2 disability, mental illness, Alzheimer's disease, and developmental 3 disabilities; and

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- (iii) Any geriatric behavioral health worker holding less than a master's degree in social work must be directly supervised by an employee who has a master's degree in social work or a registered nurse.
- (d)(i) The department shall establish a limited exception to the 3.4 ((HPRD [hours per resident day])) hours per resident day staffing requirement for facilities demonstrating a good faith effort to hire and retain staff.
- (ii) To determine initial facility eligibility for exception consideration, the department shall send surveys to facilities anticipated to be below, at, or slightly above the 3.4 ((HPRD [hours per resident day])) hours per resident day requirement. These surveys must measure the ((HPRD [hours per resident day])) hours per resident day in a manner as similar as possible to the centers for medicare and medicaid services' payroll-based journal and cover the staffing of a facility from October through December of 2015, January through March of 2016, and April through June of 2016. A facility must be below the 3.4 staffing standard on all three surveys to be eligible for exception consideration. If the staffing ((HPRD [hours per resident day])) hours per resident day for a facility declines from any quarter to another during the survey period, the facility must provide sufficient information to the department to allow the department to determine if the staffing decrease was deliberate or a result of neglect, which is the lack of evidence demonstrating the facility's efforts to maintain or improve its staffing ratio. The burden of proof is on the facility and the determination of whether or not the decrease was deliberate or due to neglect is entirely at the discretion of the department. If the department determines a facility's decline was deliberate or due to neglect, that facility is not eligible for an exception consideration.
- (iii) To determine eligibility for exception approval, the department shall review the plan of correction submitted by the facility. Before a facility's exception may be renewed, the department must determine that sufficient progress is being made towards reaching the 3.4 ((HPRD [hours per resident day])) hours per resident day staffing requirement. When reviewing whether to grant or renew an exception, the department must consider factors including

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but not limited to: Financial incentives offered by the facilities such as recruitment bonuses and other incentives; the robustness of the recruitment process; county employment data; specific steps the facility has undertaken to improve retention; improvements in the staffing ratio compared to the baseline established in the surveys and whether this trend is continuing; and compliance with the process of submitting staffing data, adherence to the plan of correction, and any progress toward meeting this plan, as determined by the department.

- (iv) Only facilities that have their direct care component rate increase capped according to RCW 74.46.561 are eligible for exception consideration. Facilities that will have their direct care component rate increase capped for one or two years are eligible for exception consideration through June 30, 2017. Facilities that will have their direct care component rate increase capped for three years are eligible for exception consideration through June 30, 2018.
- (v) The department may not grant or renew a facility's exception if the facility meets the 3.4 ((HPRD [hours per resident day])) hours per resident day staffing requirement and subsequently drops below the 3.4 ((HPRD [hours per resident day])) hours per resident day staffing requirement.
- (vi) The department may grant exceptions for a six-month period per exception. The department's authority to grant exceptions to the 3.4 ((HPRD [hours per resident day])) hours per resident day staffing requirement expires June 30, 2018.
 - (3)(a) Large nonessential community providers must have a registered nurse on duty directly supervising resident care twenty-four hours per day, seven days per week.
 - (b) The department shall establish a limited exception process to facilities that can demonstrate a good faith effort to hire a registered nurse for the last eight hours of required coverage per day. In granting an exception, the department may consider wages and benefits offered and the availability of registered nurses in the particular geographic area. A one-year exception may be granted and may be renewable for up to three consecutive years; however, the department may limit the admission of new residents, based on medical conditions or complexities, when a registered nurse is not on-site and readily available. If a facility receives an exemption, that information must be included in the department's nursing home locator. After June 30, 2019, the department, along with a

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stakeholder work group established by the department, shall conduct a review of the exceptions process to determine if it is still necessary.

(4) Essential community providers and small nonessential community providers must have a registered nurse on duty directly supervising resident care a minimum of sixteen hours per day, seven days per week, and a registered nurse or a licensed practical nurse on duty directly supervising resident care the remaining eight hours per day, seven days per week.

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